

THAT'S MUCH BETTER!

Physical activity has been demonstrated to have siginificant physical and psychological benefits. combines bicycling with taking public transit, can bring many of these benefits into the workplace, increasing employee mood and productivity. Other benefits include:

- Increased employee health and life expectancy
- Increased employee energy and concentration
- Reduced stress
- Increased employee health and life expectancy

- Reduced pollution and greenhouse gas emissions
- Reduced payroll taxes through TransitCheck passes
- green and sustainable initiatives



FIND MORE AT:

CommuterConnectionPA.CleanAir.org Twitter:#@CommuterConnec1

Funding for this Brochure was provided by **William Penn Foundation**

modal transit program.

commuter Connection works

Commuter

Connection

Norristown

Multimodal commuting, which



- More predictable transit times
- More predictable transit costs
- Increased public image as a corporate leader in



Facebook: Commuter Connection Program

Norristown serves as a major transit

Commuter Connection believes that

If your organization is interested in



